



***People are the power of TAPS.***

You are part of a network we call the TAPS family, and it's more than a label. We saw during our recent Mountain Regional Seminar the incredible hope and encouragement that was realized by each person who stepped into that healing space. TAPS events are opportunities to be truly who you are, without masking the struggle. When we have the courage to engage with others in the TAPS family, we leave with a beautiful gift of connection that is difficult to anticipate before you experience it firsthand. If you haven't connected with us in person, we encourage you to find a place to take that chance - a seminar, a TAPS Togethers gathering, or a Sports & Entertainment event.

***We are waiting to welcome you!***



**Host a TAPS Together Event!**

TAPS survivors like you are all around the country, maybe even in your local community. We host TAPS Togethers because meeting other survivors is a great way to grow your support network. TAPS Togethers are one-day, organized, social events across the country, led by TAPS staff or a survivor like you. Help us strengthen our peer support community. **Connect with us to learn more about hosting and share your ideas!**

**TAPS Togethers: National Park Fishing Days**

In partnership with the National Park Trust and Trout Unlimited, TAPS has prepared a unique opportunity for you to share time in the great outdoors with your fellow **local** survivors through fly fishing!

Read more about this incredible partnership, our recent kickoff event and upcoming National Park Fishing Days coming to a town near you in **our latest TAPS Blog**.





## SHARE YOUR *story* WITH US



### Calling All Writers: We Want To Hear From You!

Expressing yourself via written words is a tool used by many survivors to heal, grow, and feel empowered along their grief journey. When you share your story, you can also bring hope and healing to others within the TAPS Family.

If you would like to share about your loved one, your grief journey, your TAPS story or other topic that you feel would resonate with other survivors, we want to hear from you. [Share your story](#).

### Need help getting started or a suggested prompt?

Email us at [editor@taps.org](mailto:editor@taps.org) for more information.

### Want to learn more about writing and ways to get started?

View this webinar led by TAPS Advisory Board Member Rachel Kodanaz.

[Finding Your Voice Through Writing](#)



## DID YOU KNOW...?

### TAPS Has Launched The TAPS Portal

TAPS has been working to build an enhanced version of our survivor event management area. Now known as the [TAPS Portal](#), this platform will improve your ability to register yourself and your family for TAPS events.

[Access The TAPS Portal](#)



## UPCOMING *in-person* CONNECTIONS

We hope to see you at one of our many upcoming TAPS events soon!

### **Southern Regional Military Survivor Seminar and Good Grief Camp**

August 26 - 28, 2022  
San Antonio, Texas

### **14th Annual National Military Suicide Survivor Seminar and Good Grief Camp**

Dallas, Texas  
October 7 - 9, 2022



### **Tennessee Family Camp**

September 9 - 12, 2022  
Bolivar, Tennessee

*Applications Close On August 8*

### **Ohio Family Adventure Camp**

*Featuring Family Adventure Racing with G.R..I.T.*

September 23 - 26, 2022  
Newbury, Ohio

*Applications Close On August 26*

Refer to the [TAPS Event Calendar](#) for information about additional upcoming events.



## UPCOMING *Online* CONNECTIONS

### **Online Groups**

By Relationship, Cause of Death & Peer Group

### **Upcoming Online Workshops**

#### **Theatre Lab For Adults**

Tuesday, July 12 at 7 PM Eastern

#### **Young Adults: Let's Talk Grief**

Tuesday, July 19 at 8PM ET

### **Women's Empowerment Online Programming**

We are excited to once again offer surviving women many ways to come together and connect online in a safe, supportive, understanding, enriching and healing environment.



INSTITUTE FOR HOPE AND HEALING

At the Institute, practical information on coping with loss is accessible to all who seek current strategies, the most effective tools, and best practices for supporting those who are grieving and those who serve the grieving.

### **Webinar Archives**

Missed a webinar? Visit our [free on-demand library](#) 24/7 to access recorded TAPS Institute webinars on a variety of topics, such as:

**Tapping and HeartMath: Techniques to lessen Anxiety and Build Resilience**

**Men, Grief and Post-traumatic Growth**

**Coping With Guilt When You're Grieving**

**Grieving Styles and Family Dynamic - Communicating with Children and Teens**

**TAPS** *is here for you*



TAPS will always be here for you 24/7. There are so many ways to connect with your peers and professional support - to connect with someone who cares.

**TAPS National Military Survivor Helpline:**  
**800.959.TAPS (8277)**

**Get Help with Benefits | Connect to Peer Support  
Find a Grief Counselor | Join our Online Community**

**Subscribe to receive the TAPS Daily Reflection with Dr. Alan Wolfelt.**

This daily email is subscription-based and will deliver the power of hope and comfort to you.

Follow us on social!

