



TAPS®

Activity Book

TAPS GGC Edition

THE AMAZING RACE

Amazing Race

#LoveLivesOn

Developed for TAPS Youth Programs use.

Table of Contents

Table of Contents	1
Around the World	2
Instructions	3
Passport Book	4-5
Passport Stamps	6
Italy	7
China	8
France	9
Australia	10
United States	11
Canada	12
Japan	13
Egypt	14
Africa	15
Mexico	16
India	17
Ireland	18
Additional Information	19-22



AROUND THE WORLD

TAPS Activity Book

12 Countries in 7 Days

Dear World Travelers,

Well in just a few minutes you'll be leaving on a race that will circle the globe along the way. 12 countries in 7 days! You'll be required to complete a number of tasks and activities. Some of these will be fun and others will challenge your creative mind.

This is your travel packet for your journey and inside is all the information you need to get going on your epic adventure. What order you go in is completely up to you but we challenge you to try all the challenges and activities, and most of all HAVE FUN!

Alright everyone, the world is waiting for you! I want to wish all of you the best of luck and travel safe!

GO!





INSTRUCTIONS

TAPS Activity Book

DIRECTIONS:

1. Set-up your passport book. (page 4-5)
2. Complete a task or challenge in each country. You may go in ANY order you would like to go.
3. Once you have completed a or all challenges and tasks in each country you may add the country's passport stamp to your book.
4. Send pictures of the challenges to youthprograms@taps.org
5. Safe travels and Have FUN!!!



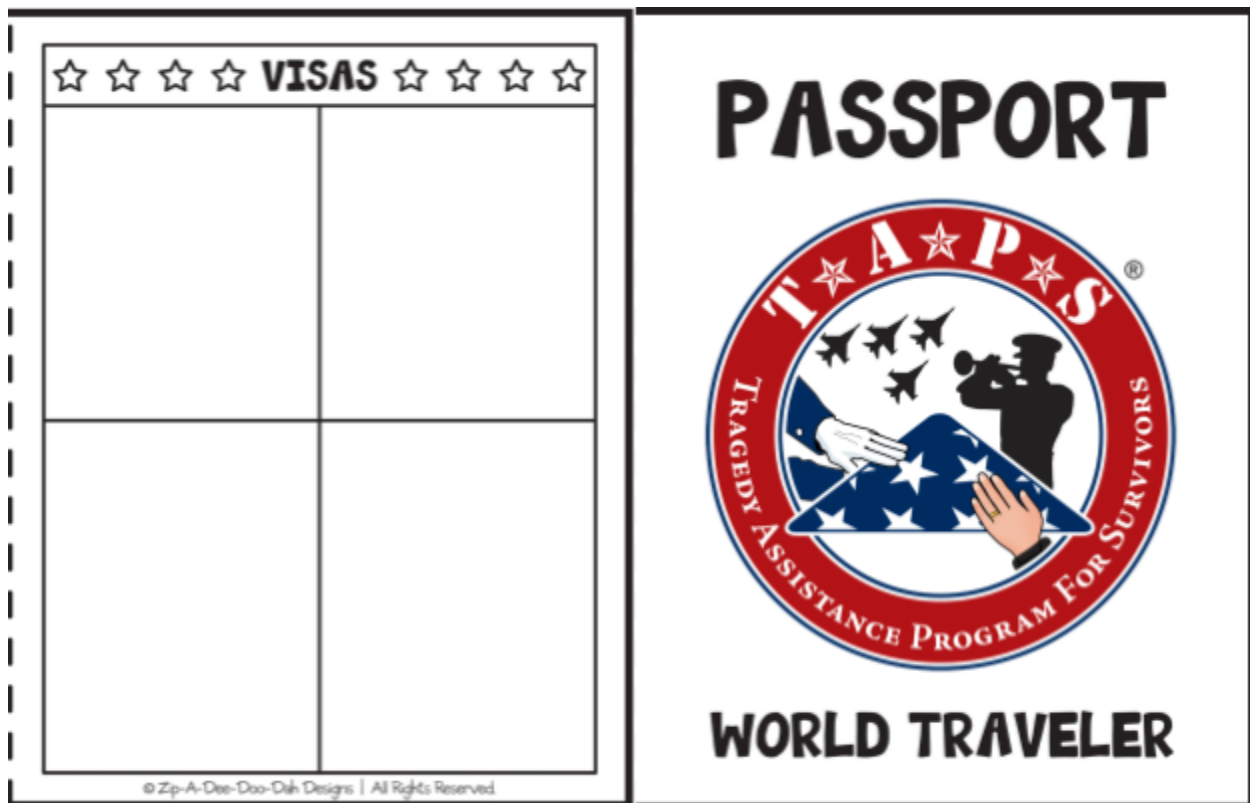


PASSPORT BOOK



TAPS Activity Book

First Stop: Get your Passport!

Start by cutting out the below pictures and putting them together using tape or staples. After your passport is together you can color and decorate the front cover.



Source: <https://www.teacherspayteachers.com/Store/Zip-a-dee-doo-dah-Designs>

	<h2 style="text-align: center;">PERSONAL INFORMATION</h2> <p>NAME: _____</p> <p>DATE OF BIRTH: _____</p> <p>BIRTHPLACE: _____</p> <p>NATIONALITY: _____</p> <p>DATE OF ISSUE: _____</p> <p>SIGNATURE: _____</p> <div style="border: 1px solid black; padding: 10px; text-align: center; margin-top: 20px;">  ATTACH PHOTO </div>
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PASSPORT STAMPS

TAPS Activity Book

DIRECTIONS:

As you complete a task or activity, cut out the country's stamp and place in your passport book. How many countries will you visit?



Source: <https://www.teacherspayteachers.com/Product/Credit-Button-2072323>



ITALY

TAPS Activity Book



STOP 1: Italy

Complete one or all of the tasks and activities to receive your Italy passport stamp.

THE AMAZING RACE

ROUTE INFO

Leaning Tower of Pasta
Create a tower using spaghetti noodles and marshmallows. How tall can you build it? Can your tower stand on its own?

Materials:

- Spaghetti noodles
- marshmallows

THE AMAZING RACE

DETOUR

Color the Italian flag

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THE AMAZING RACE

ROAD BLOCK

Locate Italy on a map

What is the capital of Italy?

What continent is Italy in?



CHINA

TAPS Activity Book



STOP 2: China

Complete one or all of the tasks and activities to receive your China passport stamp.

<p>THE AMAZING RACE</p> <p>ROUTE INFO</p>	<p><u>Practice Dragon Breathing</u></p> <p>Found on Page 19</p>																														
<p>THE AMAZING RACE</p> <p>DETOUR</p>	<p><u>Color the Chinese Flag</u></p>																														
<p>THE AMAZING RACE</p> <p>ROAD BLOCK</p>	<p><u>Learn how to write and say 1-10 in Mandarin</u></p> <table border="1"> <tr><td>1</td><td>yī</td><td>一</td></tr> <tr><td>2</td><td>èr</td><td>二</td></tr> <tr><td>3</td><td>sān</td><td>三</td></tr> <tr><td>4</td><td>sì</td><td>四</td></tr> <tr><td>5</td><td>wǔ</td><td>五</td></tr> <tr><td>6</td><td>liù</td><td>六</td></tr> <tr><td>7</td><td>qī</td><td>七</td></tr> <tr><td>8</td><td>bā</td><td>八</td></tr> <tr><td>9</td><td>jiǔ</td><td>九</td></tr> <tr><td>10</td><td>shí</td><td>十</td></tr> </table>	1	yī	一	2	èr	二	3	sān	三	4	sì	四	5	wǔ	五	6	liù	六	7	qī	七	8	bā	八	9	jiǔ	九	10	shí	十
1	yī	一																													
2	èr	二																													
3	sān	三																													
4	sì	四																													
5	wǔ	五																													
6	liù	六																													
7	qī	七																													
8	bā	八																													
9	jiǔ	九																													
10	shí	十																													





FRANCE

TAPS Activity Book



STOP 3: France

Complete one or all of the tasks and activities to receive your France passport stamp.

<p>THE AMAZING RACE</p> <p>ROUTE INFO</p>	<p>Create a <u>festive and traditional French Mask</u></p> <p>Found on page 19</p> 																		
<p>THE AMAZING RACE</p> <p>DETOUR</p>	<p>Color the flag of France</p> 																		
<p>THE AMAZING RACE</p> <p>ROAD BLOCK</p>	<p>Learn popular French <u>phrase(s)</u></p> <p><i>Key French phrases</i></p> <table border="0"> <tr> <td>bonjour</td> <td>hello</td> </tr> <tr> <td>s'il vous plait</td> <td>please</td> </tr> <tr> <td>merci</td> <td>thank you</td> </tr> <tr> <td>au revoir</td> <td>goodbye</td> </tr> <tr> <td>je voudrais</td> <td>I'd like</td> </tr> <tr> <td>la fête</td> <td>party</td> </tr> <tr> <td>les invités</td> <td>guests</td> </tr> <tr> <td>le gâteau</td> <td>cake</td> </tr> <tr> <td>les entrées</td> <td>appetizers</td> </tr> </table>	bonjour	hello	s'il vous plait	please	merci	thank you	au revoir	goodbye	je voudrais	I'd like	la fête	party	les invités	guests	le gâteau	cake	les entrées	appetizers
bonjour	hello																		
s'il vous plait	please																		
merci	thank you																		
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je voudrais	I'd like																		
la fête	party																		
les invités	guests																		
le gâteau	cake																		
les entrées	appetizers																		



AUSTRALIA

TAPS Activity Book



STOP 4: Australia

Complete one or all of the tasks and activities to receive your Australia passport stamp.

THE AMAZING RACE

ROUTE INFO

Create a colorful and traditional Aboriginal Dot Painting.

Found on page 19

THE AMAZING RACE

DETOUR

Color the flag of Australia

THE AMAZING RACE

ROAD BLOCK

Go on a "walk-about" (walk) with your family

OR

call and check in with (3) of your "mates" (friends)












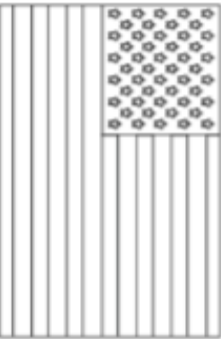





UNITED STATES

TAPS Activity Book



STOP 5: United States

Complete one or all of the tasks and activities to receive your United States passport stamp.

<p>THE AMAZING RACE</p> <p>ROUTE INFO</p> <p>   </p> <p>Create a <u>travel brochure</u> for <u>your hometown</u> or <u>state</u> to <u>encourage people</u> to <u>visit</u>.</p> 	<p>THE AMAZING RACE</p> <p>DETOUR</p> <p>   </p> <p>Color the USA <u>flag</u></p> 	<p>THE AMAZING RACE</p> <p>ROAD BLOCK</p> <p>   </p> <p>Patriotic Crafts Create something using <u>red</u>, <u>white</u>, & <u>blue</u>.</p> <p>Find ideas on page 19</p> 
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CANADA

TAPS Activity Book



STOP 6: Canada

Complete one or all of the tasks and activities to receive your Canada passport stamp.

THE AMAZING RACE

ROUTE INFO

INUKSHUK:
ARCTIC ART
FROM THE INUIT

Found on page 19

THE AMAZING RACE

DETOUR

Color the flag
of Canada

THE AMAZING RACE

ROAD BLOCK

Draw a maple
leaf and
decorate.



JAPAN

TAPS Activity Book



STOP 7: Japan

Complete one or all of the tasks and activities to receive your Japan passport stamp.

THE AMAZING RACE

ROUTE INFO

Follow the recipe and create "Sushi Candy Rolls"

Find Recipe on page 19

THE AMAZING RACE

DETOUR

Color the flag of Japan

THE AMAZING RACE

ROAD BLOCK

Celebrate the Japanese National holiday of Tengu no sekku or Children's Day. It is tradition to create a koinobori.

Find directions on page 20.



EGYPT

TAPS Activity Book



STOP 8: Egypt

Complete a or all of the tasks and activities to receive your Egypt passport stamp.

THE AMAZING RACE

ROUTE INFO

Using
Ancient
Egyptian
Hieroglyphic
s spell your
name.

Found on page
21

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THE AMAZING RACE

DETOUR

Color the flag
of Egypt

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THE AMAZING RACE

ROAD BLOCK

Build a

pyramid.

Use any items and
materials...legos,
bricks, books,
paper, etc.



AFRICA

TAPS Activity Book



STOP 9: Africa

Complete one or all of the tasks and activities to receive your Africa passport stamp.

THE AMAZING RACE

ROUTE INFO

Family Movie
Night

Watch a movie based in Africa.

- Lion King 1
- Lion King 2
- Madagascar 1
- Madagascar 2
- Tarzan

THE AMAZING RACE

DETOUR

Color the flag of
South Africa

THE AMAZING RACE

ROAD BLOCK

Go on an African Safari

Found on page 22



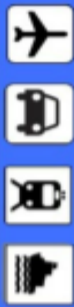





MEXICO

TAPS Activity Book



STOP 10: Mexico

Complete one or all of the tasks and activities to receive your Mexico passport stamp.

<p>THE AMAZING RACE</p> <p>ROUTE INFO</p>  <p>Learn to <u>make</u> <u>Churros</u></p> <p>Find recipe on page 22</p> 	<p>THE AMAZING RACE</p> <p>DETOUR</p>  <p>Color the flag of Mexico</p> 	<p>THE AMAZING RACE</p> <p>ROAD BLOCK</p>  <p>Make <u>Tissue paper</u> <u>flowers</u></p> <p>Found on page 22</p> 
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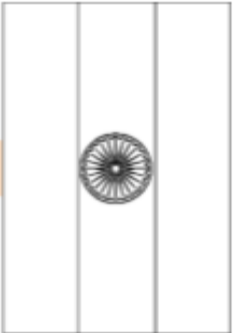


INDIA

TAPS Activity Book



STOP 11: India

Complete one or all of the tasks and activities to receive your India passport stamp.

 <p>Found on Page 22</p>	<p>THE AMAZING RACE</p> <p>ROUTE INFO</p>  <p>Create and <u>color</u> and a <u>Rangoli</u></p>
	<p>THE AMAZING RACE</p> <p>DETOUR</p>  <p>Color the <u>national flag</u> of <u>India</u></p>
	<p>THE AMAZING RACE</p> <p>ROAD BLOCK</p>  <p>Try <u>Authentic Indian food</u></p>



IRELAND

TAPS Activity Book



STOP 12: Ireland

Complete one or all of the tasks and activities to receive your Ireland passport stamp.

THE AMAZING RACE

ROUTE INFO

Learn the beginning steps to an Irish dance.


Found on page 22



THE AMAZING RACE

DETOUR

Color the Irish flag




THE AMAZING RACE

ROAD BLOCK

What is GGC without Gen. Dempsey and the Unicorn Song. Learn and create a video of you singing the Unicorn Song.

Found on page 22





ADDITIONAL INFORMATION

TAPS Activity Book

DRAGON BREATHING - MINDFULNESS

Dragon Breathing releases tension and negative energy. It is a great exercise to practice for those moments when we are angry or feel like we might explode. A few rounds of dragon breath could help us calm ourselves down.

Source/Link: [DRAGON BREATHING](#)

FRENCH TRADITIONAL MASK

French traditional masks are used throughout France during celebrations, like that of Mardi Gras.

Source/Link: [FRENCH MASK](#)

ABORIGINAL DOT PAINTING

Aboriginal dot paintings are a wonderful tradition that is great to introduce to our kids in a simplistic form.

Source/Link: [ABORIGINAL DOT PAINTING](#)

PATRIOTIC CRAFT IDEAS

Source/Link: [PATRIOTIC CRAFTS](#)

INUKSHUK: ARCTIC ART FROM THE INUIT

Used for thousands of years, the Inuit make Inuksuit to identify routes, to warn people of impending danger, to mark a place of respect, or to remember a good hunting or fishing spot. Most every Inuit constructs his own stone figure at some point, and they are a distinct feature in the Arctic region. They usually are around the height of a human being (5-7 feet tall).

Source/Link: [Inukshuk](#)

SUSHI CANDY ROLLS

Yield:10 SERVINGS **Prep time:**30 MINUTES **Cook:**20 MINUTES **Total time:**50 MINUTES

Ingredients:

- 1 ½ Tbsp. butter or margarine
- 20 jet-puffed marshmallows
- 3 cups Kellogg's Rice Krispies cereal
- chewy fruit snack sheets (Fruit roll-ups)
- 40 bite size fish shaped chewy fruit snacks



Instructions:

1. Microwave butter in a large microwaveable bowl on HIGH 45 sec. or until melted. Add marshmallows; toss to coat. Microwave 1-1/2 to 2 min. or until marshmallows are completely melted and mixture is well blended, stirring every 45 sec. Stir in cereal.
2. Unroll fruit snack sheets. Press 3 Tbsp. cereal mixture onto each sheet to within 1/2 inch of edge. Place 4 fish-shaped fruit snacks down the center of each sheet; roll up tightly.
3. Cut each roll-up into 4 pieces.

Source/Link: [SUSHI CANDY ROLLS](#)

KOINOBORI

Koinobori are carp-looking wind socks that Japanese people hang up to decorate on Children's Day (Tengo no Sekku) which is a National holiday celebrated on May 5th each year. Children's Day is a day to celebrate the happiness of children and to honor mothers.

Materials:

- Toilet paper roll
- Optional: tissue paper or ribbon in a few pretty colors (we used tissue paper)
- single hole punch,
- string, thin ribbon or wool
- a printer
- something to color with
- Scissors
- Glue
- Paper
- Optional: pencil or straw



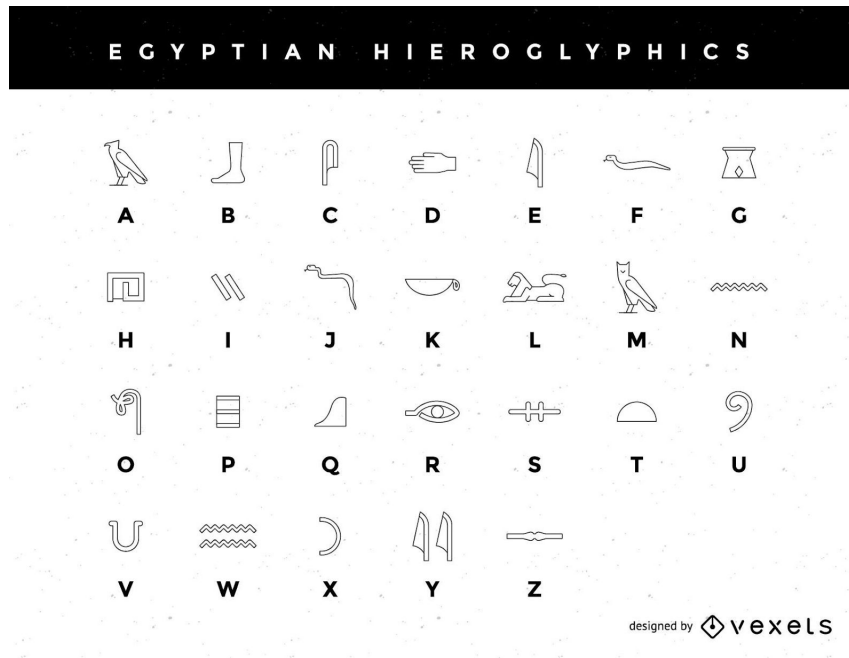
Instructions:

1. Print out the craft template of choice.
2. Cut out the template pieces. This is fairly easy for beginning scissor users (especially the large rectangular piece.
3. Glue the large rectangular piece on first to cover the tube.
4. Glue the eyes on either side of the tube so the straight edge of the eye lines up with the straight edge of the tube.
5. Glue the fins on either side of the tube. We put ours near the eyes, but you can place them wherever you think they look nice.
6. Cut about a dozen strips of tissue paper or ribbon about twice as long as your cardboard tube. The template includes some paper strips that you can use if you don't want to use tissue or ribbon.
7. Glue or tape the tissue paper onto the cardboard tube on the opposite end from the eyes.
8. Punch two holes, on opposite sides of the cardboard tube, and tie a piece of wool to each hole.
9. Use your wool to hang your carp up -- we tied ours to a blue pencil that wasn't sharpened.

Source: [KOINOBORI](#)

ANCIENT EGYPTIAN HIEROGLYPHICS

Use the following hieroglyphics key to draw out your name using the symbols.



WILD EARTH: LIVE AFRICAN SAFARI

Source/Link: [Live African Safari](#)

CHURROS

Yield:8-12 CHURROS **Prep time:**15 MINUTES **Cook:**25 MINUTES **Total time:**40 MINUTES

Ingredients:

- 1 Cup water
- ½ cup butter or margarine
- ¼ teaspoon salt
- 1 cup all-purpose flour
- 3 eggs beaten
- Vegetable oil for frying
- ¼ cup sugar
- ¼ teaspoon ground cinnamon (optional)



Materials:

1. To make the churro dough: Combine 1 cup of water with the butter or margarine and the salt in a saucepan and bring to a boil over high heat. Using a wooden spoon, stir in flour. Reduce the heat to low and stir vigorously until the mixture forms a ball, about 1 minute. Remove the dough from the heat and, while stirring constantly, gradually beat the eggs into the dough.
2. Heat about 2 inches of oil in a heavy, high-sided pot over medium-high heat until the oil reaches 360 degrees.
3. Mix the sugar with the cinnamon on a plate and reserve.

4. Meanwhile, spoon the churro dough into a pastry bag fitted with a large tip. Squeeze a 4- inch strip of dough into the hot oil.
5. Repeat, frying 3 or 4 strips at a time. Fry the churros, turning them once, until golden brown, about 2 minutes per side.
6. Transfer the cooked churros to a plate lined with paper towels to drain.
7. When the churros are just cool enough to handle, roll them in the cinnamon-sugar.

Source/Link: [CHURROS](#)

COLORFUL TISSUE PAPER FLOWERS

Source/Link: [Colorful Tissue Paper Flowers](#)

RANGOLI

Rangoli is an Indian art form in which people make colorful patterns on the entrances using dry flour, colored sand, colored rice or flower petals. People make Rangoli during festivals like Holi, Pongal, Diwali and many more. There are several ways of drawing a Rangoli. The designs can be as simple or very complex.

Source/Link: [RANGOLI DESIGNS](#)

IRISH DANCE

Shane McAvinchey (Riverdance and TCRG) guides you through your first Irish Dancing steps - the 1-2-3.

Source/Link: [IRISH DANCE](#)

UNICORN SONG

General Dempsey sings the Unicorn song at NMSS 2019.

Link: [UNICORN SONG](#)